

PURE:MOTION

• PURE MOVEMENT • AERIAL MOTION •

Dance Specials Kursplan (gültig ab 21.02.2018)

| | Montag | Dienstag | Mittwoch | Donnerstag | Samstag | Sonntag |
|-------|--|--|--|--|---|--|
| 10:00 | | | | | 10:00 - 11:00 ab Februar Yoga Vinyasa Flow All Levels Felix | |
| 15:00 | | | | | | |
| 16:00 | | | | | | 16:00 - 17:00 ab Februar AcroYoga All Levels Simon |
| 17:00 | | | | 17:15 - 18:00 Basic Stretch All Levels Sassy | | 17:00 - 18:00 Burlesque All Levels Madeleine |
| 18:00 | | 17:30 - 18:30 Lyrical All Levels Carina | | | | 18:00 - 19:00 Floor Work All Levels Madeleine |
| 19:00 | 18:30 - 19:30 ab 22.01. Dancehall All Levels Daphy | 18:30 - 20:00 Streetease All Levels Carina | 19:00 - 20:00 Strong & Flexi All Levels Elli | 19:00 - 20:00 Modern All Levels Madeleine | | |
| 20:00 | 19:30 - 20:30 Lap & Chair All Levels Elli | | | | | |
| | Dance Specials | Yoga | Body Movement | | | |