

PURE:MOTION

• PURE MOVEMENT • AERIAL MOTION •

Dance Specials Kursplan (gültig ab 14.05.2018)

	Montag	Dienstag	Mittwoch	Donnerstag	Samstag	Sonntag
10:00					10:00 - 11:00 Yoga Vinyasa Flow Felix	
15:00						15:00 - 16:00 Pure Vibes Carina
16:00						
17:00						17:00 - 18:00 Burlesque Madeleine
17:30	17:30 - 18:30 Strong Simon	17:30 - 18:30 Lyrical Carina Z.		17:15 - 18:00 Basic Stretch Sassy		
18:00	18:30 - 19:30 ab 22.01. Dancehall Daphy	18:30 - 20:00 Streetease Carina Z.				18:00 - 19:00 Floor Work Madeleine
19:00	19:30 - 20:30 Lap & Chair Elli		19:00 - 20:00 Flexy Elli	19:00 - 20:00 Modern Madeleine		
20:00						
	Dance Specials	Yoga	Body Movement			